

## Equality and Diversity in Sport

This course will provide an insight into equality and diversity within a sporting environment. It covers what equality, diversity and inclusion are, how they affect you and what you can do to provide equal opportunities for everyone. At EduCare we ensure that all of our training courses are written and endorsed by experts. This course is endorsed by Inclusion in Sport.



### Course details

- Level 2 course as graded against the nationally accepted levels
- One module with a multiple-choice questionnaire
- One CPD credit\*
- Optional narration of the course module and questionnaire for accessibility
- Personalised downloadable certificate
- 70% pass mark
- Printable module for future reference

\*1 CPD credit equals up to 1 hour of learning

### Course content

- Understand what equality, diversity and inclusion are.
- Information on why equality and diversity matters, including important government figures.
- A look at why inequalities still persist and what prejudice, stereotyping and unfair discrimination is.
- Details on what unconscious bias is and how it affects our decision making and interactions with other people.
- Information on what positive stereotypes are, and how it puts unfair pressure on people and causes feelings of alienation.
- A look at the Equality Act 2010 and what it did to strengthen the law to support the country's progress on equality.
- Information on the protected characteristics which includes age, disability, sex, religion and more.
- Details on the main types of discrimination including direct discrimination, indirect discrimination, victimisation and harassment.
- A look at what positive action is and how organisations can take positive action to target facilities and services to a particular group.
- Understand the different forms of inappropriate language and behaviours, including banter and bullying.
- Information on good practice, the importance of having an equality and diversity policy, and the role you play as a coach, teacher or volunteer.

### This course is suitable for

Anyone who works or volunteers within a sporting environment.

Contents

## Banter or bullying

In sport, a person may experience banter through their fellow teammates or opposing teams, coaches or those that are watching. Banter may cross the line into bullying or harassment when the victim feels their dignity has been violated or the perpetrator creates a hostile, degrading, humiliating or offensive environment for an individual. What may be perceived as teasing or joking by others can affect the confidence of a sports person and this can have a negative influence on performance.

**Examples of bullying or harassing behaviour include:**

- deliberately undermining a competent athlete by constant criticism
- insulting someone
- exclusion
- victimisation
- unfair treatment
- spreading malicious rumours.

You have now finished this section, click the 'Home' button to return to the main menu.

Contents

## Why do equality and diversity matter

According to government figures:

In 2017 in the UK, 18 percent of people were aged 65 and over, but by 2027 this figure is projected to rise to nearly 20.7% percent of the population\*\*\*

Around 13.9 million people in the UK have reported a disability. This represents approximately 22 percent of the population\*\*

Ethnic minorities make up 13 percent of the UK population\*

In 2016, just over 1 million (2.0%) of the UK population aged 16 and over identified themselves as lesbian, gay or bisexual (LGB)\*\*\*\*

Contents

## Protected characteristics

Drag the icons below to the area on the right to view each of the protected characteristics.

- age
- sex
- race including colour, nationality, ethnic or national origin
- sexual orientation
- gender reassignment
- pregnancy and maternity.

## Key features

- Visually engaging and highly interactive.
- Thought-provoking scenarios throughout the course, which help to strengthen the participant's knowledge of equality and diversity in sport.
- Answer explanations for those who achieve the pass mark.
- A bank of extra resources to extend learning.

## Pricing options

1. Available as a standalone course on the EduCare website.
2. Buy as part of our EduCare for Sport multi-course licence for sports and leisure establishments. For further information, please call 01926 436212 to discuss purchase options and licences.



## Why choose us?



“ The EduCare online training platform has provided our employees with a range of learning opportunities as well as ensuring the organisation is compliant with their statutory training obligations, particularly around GDPR. ”

Jamie Forward  
HR Business Partner, England Netball

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